



Athletic Clearance

In order to be cleared for the first day of permissive practice, a student athlete must be cleared through the Athletics Office. The link below will take you to InTouch, where a parent must sign in and follow the instructions for athletic clearance.

[InTouch](#)

Every year, athletes must have a physical examination. Below are the two forms that must be completed by a physician.

[Annual pre-participation physical evaluation](#)

[Annual pre-participation physical examination](#)

All students must complete the Brain Book Concussion (one time during high school) and the Opioid education course (annual). The link below will take you to the website to complete the courses.

[AZ Preps 365](#)

The link below provides step-by-step directions to use with InTouch. If you require additional assistance, please contact the school's Athletics Office.

[InTouch Instructions](#)

In order to be cleared for athletic participation, all steps within InTouch must be completed and electronically submitted. Please make sure all forms are uploaded and all electronic signatures are completed at least one week prior to the start of permissive practice.

A student is not cleared to participate in practice or games until all information is verified by the Athletics Office.